

The Couch/Chair you have purchased has been manufactured according to highest quality and safety standards. Please read the operating and safety instructions below before using in order to familiarise yourself with the precise workings of the Couch/Chair.

OPERATING INSTRUCTIONS

a) Couch/Chair Stability *Note: Before the patient lies down make sure the castors are locked.

The Couch/Chair must stand on a solid and level ground. Ensure the Couch/Chair is entirely levelled by using one or several levellers on the underside of the base framework, either by winding/unwinding it.

For retractable castor wheels - In order to move the Couch/Chair release the castor wheels by depressing the lever/s downwards with your foot so the framework rises and the wheels become deployed. To secure into place lift up the lever/s to take up the wheels and lower the framework down again.

For braked castor wheels - In order to move the Couch/Chair release the brake on each wheel individually; to secure lock the brake on each wheel individually.

For brake loaded castor wheels - When weight is applied to the Couch/Chair, the wheels will automatically lock.

NOTE: For hydraulic models, take care not to lift the equipment by the upholstery top alone as this movement will cause the hydraulic system to become air locked and will affect the mechanism.

b) Height Adjustment *Note: During height adjustment, ensure that neither the patient nor the therapist's hands, feet or garments get trapped by the mobile parts of the elevating mechanism.

Height adjustment can be by an electric motor driven through a foot control switch, a hand control switch or side rails (electric); or manually by a pressured hydraulic pump driven through a foot pedal lever (hydraulic):

For Couch/Chairs with an electric motor - The mains cables should be plugged into a mains socket. Press the foot or hand control switch (where applicable) to adjust the height to the required position. (Be aware of the direction of the arrow: if upwards the Couch/Chair will go up and if downwards the Couch/Chair will go down). In some models, height is adjusted by pushing the side rails around the base to the right or to the left with the foot.

For hydraulic Couch/Chairs - Depress the foot pedal with the foot in order to lift, with every pump of the foot pedal lever the Couch/Chair will raise gradually. Fully depress or raise the pedal lever (depending on model) to lower the Couch/Chair downwards.

c) Section/s Adjustment

There are several ways of adjusting the different sections depending on the model:

Section/s adjustment operated by a gas spring - Press/squeeze the lever/handle mechanism situated on the underneath of the appropriate section upwards towards the upholstery to raise the Couch/Chair section. To secure in position release the mechanism. To lower any section press the mechanism with one hand whilst pushing the section downwards to the required position with the other hand, release the mechanism to lock into place.

Section/s adjustment by ratchet - Lift any of the sections up to the required position and the rack will position itself automatically. To lower the section, first raise it up to a certain extend or completely, as appropriate, in order to release the rack. *Note: Never adjust any of the ratchet sections when the patient is leaning on them.

d) Getting On & Off Couch/Chair *Note: The Couch/Chair must always be at its lowest position BEFORE the client gets on and off.

To get onto the Couch/Chair the patient must position themselves in the middle of the Couch/Chair before distributing their body over the Couch/Chair. It is very important to distribute the weight evenly i.e. all over the Couch/Chair. When getting off the client must sit themselves up ensuring all of their bodyweight is in the middle of the Couch/Chair. Always lower Couch/Chair to its lowest height setting before allowing the client to dismount.

NOTE: Patients should avoid putting their full body weight on either the head or foot sections, as these parts are not aimed at supporting such a pressure. Couches/Chairs are tested according to a static weight of 225kg evenly distributed over the Couch/Chair (250kg for Bariatric models). Avoid applying pressure of 100kg+ in a very specific and reduced section area; or on attachments e.g. arm-rests.

Upholstery Care

Clean with warm, soapy water and a soft cloth. Rinse well with clean water and dry with a soft cloth. Disinfectants may be used in dilution. Vinyl can be used with NHS approved cleaning solutions such as Haz-Tabs, Virusolve, Clinell, Tristel, Milton, Vernacare Tuffie 5 Sanitising Wipes, Chlor-Clean.

If using Bleach a 10% to 90% water solution is acceptable.

Never apply full strength bleach.

DO NOT use solvents, abrasives, wax polishes, leather cleaner or aerosol sprays. Never use boiling water or steam cleaners.

Safety Information

Meditelle couches/chairs meet relevant British safety regulations within:

British Safety Standards BS3379 ; BS5852

BS EN 60601-1:1190 ; BS EN60601-2-38

BS EN 1021/2 ; FFSR S.I. 1324:1988.

For full technical details and individual SWL's see website.

Standard: Bariatric:



Safety Note: Do NOT sit on the extremities of the couch/chair. Distribute weight evenly.



MAINTENANCE

NOTE: For safety reasons, the electric motor must be disconnected from the mains before cleaning, repairing or turning the Couch/Chair.

a) Metal Framework - To ensure proper operation of the Couch/Chair, dust regularly with a damp cloth. We also recommend to periodically oil the axles and moving parts with a liquid grease spray e.g. WD40.

b) Electric Motor - Keep the unit free from any dust and grease. The handling of the electric motor is not recommended and any unauthorised modifications, repairs or dismantling will invalidate the guarantee. **DO NOT OPEN THE MOTOR FOR ANY REASON** as this may result in serious damage.

Do not push the up/down mechanism rapidly and continuously as repeated action of the on/off switch will result in overheating. *NOTE: All electric motors have a thermal protection system, that turns off automatically if it overheats. If this occurs turn off at the power source and wait 5 minutes before restarting.* We strongly advise that all electric powered Couch/Chairs are fitted to a power surge protector and should be turned off at the mains at the end of every day or when not in prolonged use.

c) Gas Spring/s - Keep free from any dust and grease. The handling of the gas spring is not recommended. Any unauthorised interference will invalidate the guarantee.

Regularly check your Couch/Chair for any sign of malfunction or damage. Periodically check mains cable and plugs on electrically operated models. We recommend handling cables with the utmost care to avoid any bending of the cables. Worn or damaged pieces should be replaced with new by the manufacturer, Meditelle. All components, parts or accessories should be fitted or fixed in accordance with the manufacturer's instructions. Any replacement parts different to the manufacturers could be dangerous and are not recommended. *NOTE: The use of non-original pieces or the alteration of the Couch/Chair frame will invalidate the manufacturer's Guarantee and Declaration of Conformity.*

WARNING: If the Couch/Chair is handled by unqualified users in an inappropriate way or not according to the intended purpose, use of the Couch/Chair may be dangerous.

ATTACHMENTS - all optional to order with couch/chair

- **Arm Supports (pair)**

To raise/lower - unscrew hand-wheel at the back of the arm box to release the shaft and move the arm pad up/down to the desired position. Secure in place by tightening hand-wheel.

To move in/outwards from chair/couch - unscrew the second hand-wheel underneath the box and slide the arm shaft horizontally in/out of the holding unit. Secure in place by tightening hand-wheel.

- **Phlebotomy Arm/s**

To raise/lower - unscrew hand-wheel at the back of the arm box to release the shaft and move the arm pad up/down to the desired position. Secure in place by tightening hand-wheel.

To move in/outwards from chair/couch - unscrew the second hand-wheel underneath the box and slide the arm shaft horizontally in/out of the holding unit. Secure in place by tightening hand-wheel.

To rotate - unscrew hand-wheel located underneath pad, rotate/adjust pad to desired angle. Tighten wheel to secure arm in place.

- **Side Arm Extensions (pair)**

To drop - pull arm outwards from the couch to release the pivot bars and lower down. To raise alongside couch lift arm pad to horizontal and push the two bars into the fixing holes, locking the pivot and securing the side supports in place.

- **Side Safety Rails (pair)**

Fold down rails - lift up the rail, pull outwards and drop down by side of couch.

Extra-long fold down rails - release lever on side of rail to loosen and fold down by side of couch.

Removable rails - unscrew hand-wheel to release the bar and lift rail out.

- **IV Pole**

To raise/lower - unscrew hand-wheel at the base of the IV pole to release the shaft and move the pole up/down to the desired position. Secure in place by tightening hand-wheel.

- **Stirrups (pair)**

To raise/lower or rotate - unscrew hand-wheel and adjust to desired position. Secure in place by tightening hand-wheel.

- **Leg Support Troughs (pair)**

To raise/lower or rotate - unscrew hand-wheel and adjust to desired position. Secure in place by tightening hand-wheel.

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